

Linda S Castro Nature Sanctuary Plant List

Common Name	Scientific Name	Type	Benefit to Wildlife	Flower	More Information Online	Native?	Planted	Note
			F = food, C=Cover, LH-larval host for butterfly caterpillars		See Key			
Agarita	<i>Mahonia trifoliolata</i>	s	F/C: birds, mammals; nectar - many butterflies	y: Feb-Apr	http://www.wildflower.org/plants/result.php?id_plant=MATR3		✓	
Aloe vera	<i>Aloe vera</i>	p	F: hummingbirds, bees		http://www.efloras.org/flora/view.aspx?flora_id=1&taxon_id=200027555	no		
American Basket-flower	<i>Centaurea americana</i>	a	F: nectar for butterflies	p: May-Jun	http://www.wildflower.org/plants/result.php?id_plant=CEAM2		✓	
American Beautyberry	<i>Callicarpa americana</i>	s	F: 10 birds	w,p: May-Jul	http://www.wildflower.org/plants/result.php?id_plant=CAAM2		✓	both planted and natural
American Snoutbean	<i>Rhynchosia americana</i>	v	F: seed-eating birds	y	http://www.wildflower.org/plants/result.php?id_plant=RHAM			
Aster, Saltmarsh/Wireweed	<i>Symphoricarichum subulatum</i>	p/a	F: nectar - butterflies, pollinators; seeds, insects - birds	w,v: Sep-Nov	http://www.wildflower.org/plants/result.php?id_plant=SYSU5			
Aster, Spiny/Mexican devil-weed	<i>Chloracantha spinosa</i>	p	F: nectar - butterflies, pollinators; seeds, insects - birds	w	http://www.wildflower.org/gallery/species.php?id_plant=CHSP11			wetland delineator
Babybonnet, Texas	<i>Courseletia axillaris</i>	s	F: Seeds for several species of birds and mammals	p,w: Feb-Mar	http://www.wildflower.org/plants/result.php?id_plant=COAX		✓	
Baccharis	<i>Baccharis halimifolia</i>	s	F: nectar for butterflies & pollinators	w: Aug-Oct	http://www.wildflower.org/plants/result.php?id_plant=BAHA			both? one from Dave, probably - measure
Ball moss	<i>Tillandsia recurvata</i>	p	F: insects, which are food for birds	v: Jun-Aug	http://www.wildflower.org/plants/result.php?id_plant=TIRE			
Black Willow	<i>Salix nigra</i>	t	LH: 5 butterflies; F: insects/catskins for songbirds	y: Apr-May	http://www.wildflower.org/plants/result.php?id_plant=SANI			
Bluebell gentian/Texas bluebells	<i>Eustoma exaltatum</i>	a			http://www.wildflower.org/plants/result.php?id_plant=EUEX5			
Bluebonnet, Sandyland	<i>Lupinus subcarnosus</i>	a	LH: Am. painted lady; native bees	b: Mar-Apr	http://plants.usda.gov/java/profile?symbol=LUSU			
Blue-eyed grass	<i>Sisyrinchium langloisii</i>	p		b: Apr-May	http://www.wildflower.org/plants/result.php?id_plant=SIAS5			
Bluestem, Bushy	<i>Andropogon glomeratus</i>	g	F/C: birds; LH: satyrs & skippers	w: Aug-Nov	http://www.wildflower.org/plants/result.php?id_plant=ANGL2			
Bluestem, King Ranch	<i>Bothriochloa ischaemum</i>	g	invasive - less useful than native plants it replaces		http://www.cabi.org/cisc/datasheet/112759	no		invasive
Bluestem, Seacoast	<i>Schizachyrium scoparium var. littorale</i>	g	LH: 6 skippers; f/c: birds	g: Jun-Dec	http://lamuk.edu/research/programs/south-texas-natives/native-plant-list/grasses/seacoast-bluestem/			
Bluestem, Silver	<i>Bothriochloa laguroides</i>	g	F/C: birds; LH: skippers	w: May-Nov	http://www.wildflower.org/plants/result.php?id_plant=BOIA2			
Brown-eyed Susan	<i>Rudbeckia hirta ssp</i>	a	LH: Silvery checkerspot, Bordered patch; F: nectar for many	y: Mar-Aug	http://www.wildflower.org/plants/result.php?id_plant=RUHA		both	
Buffelgrass	<i>Pennisetum ciliare</i>	g	invasive - less useful than native plants it replaces		http://texasinvasives.org/plant_database/detail.php?symbol=PECJ	no		invasive
Bull thistle	<i>Cirsium horridulum var. elliptoi</i>	a	LH: Little metalmark, F: nectar - swallowtails, bees	p: May-Aug	http://www.wildflower.org/plants/result.php?id_plant=CIHO2			
Bur clover	<i>Medicago polymorpha or minima</i>	a/p		y: spring	http://www.cabi.org/cisc/datasheet/33031	no		introduced; aggressive
Burr Oak	<i>Quercus macrocarpa</i>	t	F: insects for birds, acorns for birds, mammals	g: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=QUMA2		✓	
Butterfly Pea	<i>Centrosema virginianum</i>	p/a	LH: Long-tailed skipper, Northern cloudywing	v: Jun-Aug	http://www.wildflower.org/plants/result.php?id_plant=CEVI2			
Buttombush	<i>Cephalanthus occidentalis</i>	a	F: nectar - butterflies, pollinators; seeds, insects - birds	w: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=CEOC2			
Camphorweed	<i>Heterotheca subaxillaris</i>	a	F: nectar; seeds	y: Jun-Nov	http://www.wildflower.org/plants/result.php?id_plant=HESU3			
Cardinal Feather	<i>Acalypha radians</i>	p/a	F: seeds	r: Apr-Nov	http://www.wildflower.org/plants/result.php?id_plant=ACRA			
Cedar Elm	<i>Ulmus crassifolia</i>	t	F/C: birds; LH: 2 butterflies	g: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=ULCR		✓	
Century Plant/American Agave	<i>Agave americana</i>	s	F: nectar - hummingbirds & insects; seeds - birds & mammals	y: Jun-Jul	http://www.wildflower.org/plants/result.php?id_plant=AGAM		✓	
Chile pequin	<i>Capsicum annuum</i>	p/a	F: seeds for birds	w: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=CAAN4			
Clammyweed	<i>Polanisia dodecandra ssp. Trachysperma</i>	a	F: nectar	p: May-Jul	http://www.wildflower.org/plants/result.php?id_plant=PODO2			
Coastal Live Oak	<i>Quercus virginiana</i>	t	F: 20 birds; LH: all duskywings & hairstreaks	y: Feb-May	http://www.wildflower.org/plants/result.php?id_plant=QUVI			
Coastal Water-hyssop	<i>Bacopa monnieri</i>	p	LH: White peacock; F: nectar for butterflies	w,v: Apr-Sep	http://www.wildflower.org/plants/result.php?id_plant=BAMO			
Collima/Lime Prickly Ash	<i>Zanthoxylum tagara</i>	s/t	F/C: Browse, Nectar-insects, Nesting site, Fruit-birds	inc: Jan-Jun	http://www.wildflower.org/plants/result.php?id_plant=ZAF4		✓	
Coral Honeysuckle	<i>Lonicera sempervirens</i>	v	F: nectar - hummingbirds	r: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=LOSE		✓	
Coralbean	<i>Erythrina herbacea</i>	s	LH: Spring azure; F: nectar - hummers/orioles	r: spring	http://www.wildflower.org/plants/result.php?id_plant=ERHE4			
Coralbean/Shrub Coralree	<i>Erythrina x bidwillii</i>	s/t	F: nectar - hummingbirds	r: spr-sum	http://www.magnoliagardensurvey.com/productdescription/Erythrina_CoralBean.htm	no	✓	E. crista-galli x E. herbacea
Crossvine	<i>Bignonia capreolata</i>	v	F: nectar - hummingbirds	r: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=BICA		✓	
Croton, Park's	<i>Croton parksi</i>	a	F: seeds, nectar for pollinators	w: Jun-Nov	http://www.wildflower.org/plants/result.php?id_plant=CRPA5			endemic to TX
Croton, Tooth-Leaved/Ventle coningo	<i>Croton glandulosus</i>	p/a	F: seeds, nectar for pollinators	w: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=CRGL2			
Croton, Woolly	<i>Croton capitatus var. lindheimeri</i>	p/a	F: seeds for dove & quail; LH: 2 butterflies	w: May-Sep	http://www.wildflower.org/plants/result.php?id_plant=CRCA6			
Crow poison: False garlic	<i>Nothoscordum bivalve</i>	p	may be toxic to people: jury out on crows	w: Mar-Oct	http://www.wildflower.org/plants/result.php?id_plant=NOB2			
Crowfoot grass	<i>Dactyloctenium aegyptium</i>	g			http://www.cabi.org/cisc/datasheet/19321	no		
Cudweed	<i>Gamochaeta pensylvanica</i>	a		v: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=GAPE2			
Daisy, Cowpen	<i>Verbesina enceloides</i>	a	LH: Bordered patch: #2 on top nectar plant list	y: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=VEEN		✓	
Daisy, Engelmann's	<i>Engelmannia peristenia</i>	p	F: nectar source	y: Mar-Jul	http://www.wildflower.org/plants/result.php?id_plant=ENPE4		✓	no deer resistance: eaten by cows
Daisy, Lazy	<i>Aphanostephus skirrhobasis</i>	p/a	F: nectar for many butterflies	w: Mar-Aug	http://www.wildflower.org/plants/result.php?id_plant=APSK			
Dandelion, Texas	<i>Pyrrhopappus pauciflorus</i>	a	F: nectar, browse	y: Feb-Jun	http://www.wildflower.org/plants/result.php?id_plant=PYPA4			
Dayflower/Widow's tears	<i>Commelina erecta</i>	p/a	F: birds	b: May-Oct	http://www.wildflower.org/plants/result.php?id_plant=COER			
Desert Willow	<i>Chilopsis linearis</i>	t	F/C: birds; LH: White-winged moth	y: Apr-Sep	http://www.wildflower.org/plants/result.php?id_plant=CHLI2		✓	
Dollarweed: Pennywort	<i>Hydrocotyle umbellata</i>	p		w: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=HYUM			
Drummond's St. John's-wort	<i>Hypericum drummondii</i>	a	F: nectar	y: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=HYDR			
Dwarf Palmetto	<i>Sabal minor</i>	s	F/C: birds, mammals, pollinators	w: May-Jun	http://www.wildflower.org/plants/result.php?id_plant=SAMB8			
Dyssodia, Tiny Tim	<i>Thymophylla tenuiloba</i>	p/a	LH: Dainty sulphur	y: spr-sum	http://www.wildflower.org/plants/result.php?id_plant=THTE7			
Elbowbush	<i>Forestiera angustifolia</i>	s	F: birds browse twigs & fruit, nectar for pollinators	g: Mar-Apr	http://www.wildflower.org/plants/result.php?id_plant=FOAN			
Eryngo	<i>Eryngium leavenworthii</i>	a	F/C: Nectar-insects, Seeds-Granivorous birds; Cover	v: Jul-Sep	http://www.wildflower.org/plants/result.php?id_plant=ERLE11		✓	
Esperanza	<i>Tecoma stans 'Esperanza'</i>	s	LH: Dogface butterfly; F: nectar, leaves, & seeds	y: Apr-Nov	http://www.wildflower.org/plants/result.php?id_plant=TESE1		✓	
Fall Obedient Plant	<i>Physostegia virginiana</i>	p	F: nectar for hummingbirds, butterflies	v: Aug-Nov	http://www.wildflower.org/plants/result.php?id_plant=PHV8		✓	
Fiddlewood	<i>Citharexylum berlandieri</i>	s	F: nectar-insects; fruit-birds	w: Feb-Aug	http://www.wildflower.org/plants/result.php?id_plant=CIPE			
Flame Acanthus	<i>Anisacanthus quadrifidus var. wrightii</i>	s	LH: Crescent spot; F: nectar for hummers, butterflies	r: Jun-Oct	http://www.wildflower.org/plants/result.php?id_plant=ANQUW			
Flatsedge, Retrorse/Pine Barren	<i>Cyperus retrorsus</i>	p/a	F: seeds	inc: Jul-Oct	https://gobotany.newenglandwild.org/species/cyperus/retrorsus/			
Fleabane, Corpus Christi	<i>Erigeron procumbens</i>	p	LH: Checkered skipper: attracts predatory insects	w: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=ERPR16			
Florida Tasselflower	<i>Emilia fosbergii</i>	a		r: Mar	http://plants.usda.gov/core/profile?symbol=EMFQ	no		
Frogfruit	<i>Phyla nodiflora</i>	p/a	LH: 4 butterflies: #5 on list of top nectar plants	w: May-Oct	http://www.wildflower.org/plants/result.php?id_plant=PHNO2			
Frostweed	<i>Verbesina microptera</i>	b	F: nectar for Monarch, Pipevine, many others	w: Aug-Nov	http://www.ridellawild.com/JulyDec2003/Verbesina%20microptera.pdf			
Gaura, Butterfly	<i>Gaura lindheimeri</i>	p	F: nectar for butterflies	p: Apr-Jul	http://www.wildflower.org/plants/result.php?id_plant=GAL2		✓	moderate deer resistance
Gaura, Lizard-tail	<i>Gaura parviflora</i>	a	F: nectar; seeds	w,p: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=GAPA6			
Gayfeather	<i>Liatris elegans</i>	p/a	F: nectar, special value to native bees	v: Aug-Oct	http://www.wildflower.org/plants/result.php?id_plant=LIE4		both	
Gayfeather, Prairie	<i>Liatris pycnostachya</i>	p	F: nectar for butterflies	p: Aug-Dec	http://www.wildflower.org/plants/result.php?id_plant=LIPY			
Georgia frostweed	<i>Helianthemum georgianum</i>	p	F: nectar	y: Apr-Jul	http://www.wildflower.org/plants/result.php?id_plant=HEGE			
Goldenrod, Anise-scented	<i>Solidago odora</i>	p/a	LH: Metalmarks, Checkerspots; F: nectar, seeds	y: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=SOOD			
Goldenrod, Seaside	<i>Solidago sempervirens</i>	p	F: nectar, seeds	y: Aug-Oct	http://www.wildflower.org/plants/result.php?id_plant=SOSE		✓	
Greenbrier	<i>Smilax bona-nox</i>	v	F: 38 birds + deer	g: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=SMBO2			
Greenthread	<i>Thelesperma filifolium</i>	p/a	F: nectar; seeds for painted bunting, others	y: Apr-Jul	http://www.wildflower.org/plants/result.php?id_plant=THEJ			petals solid yellow
Greenthread	<i>Thelesperma nuscense</i>	p	F: nectar; seeds for painted bunting, others	y: Mar-Jul	http://www.wildflower.org/gallery/species.php?id_plant=THNU			brown on inner tip of petals
Groundcherry	<i>Physalis cinerascens</i>	p	F: red-bellied woodpecker, others	y	http://www.wildflower.org/plants/result.php?id_plant=PHG4			
Groundcherry, Ivyleaf	<i>Physalis hederifolia var. hederifolia</i>	p	F: seeds	y	http://www.wildflower.org/plants/result.php?id_plant=PHHEH2			
Guineagrass	<i>Urochloa maxima</i>	g	invasive - less useful than native plants it replaces		http://www.texasinvasives.org/plant_database/detail.php?symbol=URMA3	no		invasive
Gulf cordgrass	<i>Spartina spartinea</i>	p	F: seeds	g: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=SPSP		✓	
Gulf Indian breadroot	<i>Pediomelum rhombifolium</i>	p	F: seeds	rust	http://www.wildflower.org/plants/result.php?id_plant=PERH2			
Gulf Muhly	<i>Muhlenbergia capillaris</i>	g	F: seed-eating birds; cover	p: Oct	http://www.wildflower.org/plants/result.php?id_plant=MUCA2		✓	
Hackberry, Spiny	<i>Celtis ehrenbergiana</i>	t	LH: Hackberry butterflies; F: fruit for birds, nectar	w: Feb-May	http://www.wildflower.org/plants/result.php?id_plant=CEEH		✓	
Hackberry, Sugar	<i>Celtis laevigata</i>	t	LH: 6 butterflies, F: 45 birds+mammals	g: Feb-Apr	http://www.wildflower.org/plants/result.php?id_plant=CELA		✓	
Heartleaf Skullcap	<i>Scutellaria ovata</i>	p	F: nectar for hummingbirds, butterflies	v: Apr-Jun	http://www.wildflower.org/plants/result.php?id_plant=SCOV		✓	

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Heart-sepal Wild Buckwheat	<i>Eriogonum multiflorum</i>	pl/a	F: native bees	w: Sep-Oct	http://www.wildflower.org/plants/result.php?id_plant=ERMJ4			
Heliotrope	<i>Heliotropium angiospermum</i>	pl/a	F: nectar for many butterflies, pollinators	w: Jan-Dec	http://www.wildflower.org/plants/result.php?id_plant=HEAN5			excellent, reseeds easily
Hercules Club; Toothache tree	<i>Zanthoxylum clava-herculis</i>	t	LH: Giant swallowtail; F: seeds, nectar	g: Mar-Apr	http://www.wildflower.org/plants/result.php?id_plant=ZACL			
Hoarypea, Multibloom	<i>Tephrosia onobrychooides</i>	p		w: Apr-Jun	http://www.wildflower.org/plants/result.php?id_plant=TEON			open white, change to crimson w/age
Honey Mesquite	<i>Prosopis glandulosa</i>	t	LH: 2 blues; F/C: 6 spp	y: Feb-Sep	http://www.wildflower.org/plants/result.php?id_plant=PRGL2			
Hooded Windmill Grass	<i>Chloris cucullata</i>	g	F/C: graze, seeds; nesting material	inc: Mar-Nov	http://www.wildflower.org/plants/result.php?id_plant=CHCU2			
Horseherb	<i>Calyptocarpus vialis</i>	p	F: nectar for butterflies	y: Mar-Nov	http://www.wildflower.org/plants/result.php?id_plant=CAVI2			
Horsemint	<i>Monarda marilina</i>	pl/a	F: nectar for Pipevine, hummingbirds; seeds	w: May-Nov	http://www.wildflower.org/plants/result.php?id_plant=MOAM5			may have other monardas
Indian Blanket/Firewheel	<i>Gaillardia pulchella</i>	pl/a	LH: bordered patch, seeds for passerines	r: Apr-Aug	http://www.wildflower.org/plants/result.php?id_plant=GAPU			
Indian paintbrush	<i>Castilleja indivisa</i>	a	LH: buckeye F: nectar for hummingbirds	r: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=CAINT3			
Indiangrass/Yellow Indian grass	<i>Sorghastrum nutans</i>	g	LH: Pepper-Salt Skipper; seeds	y: Aug-Oct	http://www.wildflower.org/plants/result.php?id_plant=SONU2			
Indigofera/Anil de Pasto	<i>Indigofera suffruticosa</i>	s	F: seeds, nectar	w	http://www.wildflower.org/plants/result.php?id_plant=INSJ			
Inland Sea Oats	<i>Chasmanthium latifolium</i>	g	LH: 3 butterflies; F: seeds for birds	g: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=CHLA5			✓
Kidneywood	<i>Eysenhardtia texana</i>	s	LH: Southern dogface; nectar for many	w: May-Oct	http://www.wildflower.org/plants/result.php?id_plant=EYTE			✓
Late-Flowering Boneset	<i>Eupatorium serotinum</i>	pl/a	F: nectar & seeds; favorite of Snout butterflies	w: Sep-Nov	http://www.wildflower.org/plants/result.php?id_plant=EUSE2			
Marsh Fleabane	<i>Pluchea odorata var. odorata</i>	pl/a	F: nectar	p: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=PLODO			
Marsh parsley; fine-leaved celery	<i>Cyclospemum leptophyllum</i>	a		w	http://www.cabi.org/isc/datasheet/113715	no		under tree at slab corner
Mexican bonebract	<i>Sclerocarpus uniserialis</i>	a	F: nectar	o: Sep-Dec	http://www.wildflower.org/plants/result.php?id_plant=SCUN2			✓
Mexican buckeye	<i>Ungnadia speciosa</i>	t	LH: Henry's elfin; F: nectar, seeds	p: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=UNSP			✓
Mexican primrose-willow	<i>Ludwigia octovalvis</i>	s	LH: Water-primrose hornworm moth	y: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=LUOC			deciduous shrub
Milkweed Vine, Climbing	<i>Funastrum cymanchoides</i>	v	LH: Monarch, Queen; F: nectar - many butterflies	w: Apr-Aug	http://www.wildflower.org/plants/result.php?id_plant=FUJCY			
Milkweed, Green	<i>Asclepias viridis</i>	p	LH: Monarch, Queen; F: nectar - many butterflies	g: Apr-Sep	http://www.wildflower.org/plants/result.php?id_plant=ASVI2			✓
Milkweed, Tropical	<i>Asclepias curassavica</i>	p	LH: Monarch, Queen; F: nectar - many butterflies	red&yellow	http://www.cabi.org/isc/datasheet/7248	no		
Milkweed, Zizotes	<i>Asclepias oenotheroides</i>	p	LH: Monarch & relatives	g: Mar-Sep	http://www.wildflower.org/plants/result.php?id_plant=ASOE			
Mistflower, Crucial	<i>Chromolaena odorata</i>	p	LH: Lost metalmark; #1 top nectar plants; seeds	v: Aug-Oct	http://www.wildflower.org/plants/result.php?id_plant=CHOD			
Mistflower, Padre Island	<i>Conoclinium betonicolum</i>	pl/a	LH: 2: F: nectar for many butterflies	b: Mar-Oct	http://www.wildflower.org/plants/result.php?id_plant=COBE4			
Monarda, Peter's Purple	<i>Monarda fistulosa x M. bartlettii</i>	a	F: nectar source	v: May-Sep	http://www.onlineplantguide.com/Plant_Details%201699	no	✓	cross
Morning Glory, Sharp-pod/Tievine	<i>Ipomoea cordatibriloba</i>	v	F: nectar for insects, hummers	p: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=IPCO8			
Mustang Grape	<i>Vitis mustangensis</i>	v	F: 30 birds + mammals + people	w: Apr-Jun	http://www.wildflower.org/gallery/species.php?id_plant=VIMU2			
Orange Zexmenia	<i>Wedelia acapulcensis var. hispida</i>	pl/a	F: nectar; LH: Bordered Patch, others	o: May-Nov	http://www.wildflower.org/plants/result.php?id_plant=WEACH			✓
Palafoxia	<i>Palafoxia texana</i>	pl/a	F: #6 on list of top nectar for butterflies	p: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=PATE			
Palafoxia, Rose	<i>Palafoxia rosea</i>	a	F: nectar	p: Jun-Oct	http://www.wildflower.org/plants/result.php?id_plant=PARO			
Partridge Pea	<i>Chamaecrista fasciculata</i>	pl/a	F: seeds; nectar; LH: 7 butterflies; native bees	y: Jun-Oct	http://www.wildflower.org/plants/result.php?id_plant=CHFA2			
Paspalum, Brownseed	<i>Paspalum plicatulum</i>	g	F/C: seeds; nesting, cover	g: May-Jul	http://www.wildflower.org/plants/result.php?id_plant=PAPL3			
Paspalum, Thin	<i>Paspalum setaceum</i>	g	F/C: seeds; nesting, cover	inc: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=PASE5			
Passionvine	<i>Passiflora foetida</i>	v	LH: 6 butterflies inc. Gulf Frillfly; F: birds	p: May-Oct	http://www.wildflower.org/plants/result.php?id_plant=PAFO2			
Passionvine	<i>Passiflora incarnata</i>	v	LH: 6 butterflies inc. Gulf Frillfly; F: birds	p/b: Apr-Sep	http://www.wildflower.org/plants/result.php?id_plant=PAIIN6			
Passionvine, CorkStem	<i>Passiflora suberosa</i>	v	LH: 6 butterflies inc. Gulf Frillfly; F: birds	g	http://www.wildflower.org/plants/result.php?id_plant=PASU3			died?
Pellitory, Pennsylvania	<i>Parietaria pensylvanica</i>	a	F: seeds; LH: Painted Ladies & Red Admiral	g: Apr-Nov	http://www.wildflower.org/plants/result.php?id_plant=PAPE5			
Peppergrass, Virginia	<i>Lepidium virginicum</i>	a	F: nectar, seeds	wh: Jun-Nov	http://www.wildflower.org/plants/result.php?id_plant=LEVI3			
Phlox	<i>Phlox drummondii</i>	a	F: nectar for butterflies	p: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=PHDR			
Pink mint	<i>Stachys drummondii</i>	a	F: nectar	p: Feb-Jul	http://www.wildflower.org/plants/result.php?id_plant=STDR			
Plains Coreopsis/Golden Tickseed	<i>Coreopsis tinctoria</i>	pl/a	LH: Dogface butterfly; F: nectar & seeds	y: Feb-Nov	http://www.wildflower.org/plants/result.php?id_plant=COTI3			
Plains Snakecotton	<i>Froelichia floridana</i>	pl/a		w: Apr-Nov	http://www.wildflower.org/plants/result.php?id_plant=FRFL			
Plantain, Hooker's	<i>Plantago hookeriana</i>	a	F: seeds	w: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=PLHO			
Plantain, Redseed	<i>Plantago rhodosperma</i>	a	F: seeds	inc: Feb-May	http://www.wildflower.org/plants/result.php?id_plant=PLRH			
Pokeweed/Pokeberry	<i>Phytolacca americana</i>	pl/a	F: fruit/seeds for birds (toxic parts for people)	w: Jun-Oct	http://www.wildflower.org/plants/result.php?id_plant=PHAM4			
Possum Grape	<i>Cissus trifoliata</i>	v	F: fruit/seeds	g: May-Sep	http://www.wildflower.org/plants/result.php?id_plant=CITR2			
Prairie Mexican Clover	<i>Richardia tricocca</i>	pl/a	F: nectar	w	http://www.wildflower.org/plants/result.php?id_plant=RTTR2			R. brasiliensis?
Prairie verbena; Dakota vervain	<i>Glandularia bipinnatifida</i>	p	F: nectar	p: Mar-Oct	http://www.wildflower.org/plants/result.php?id_plant=GLB12			
Prickly Pear, Low?	<i>Opuntia humifusa</i>	c	F/C: birds+mammals+bees	y: May-Jul	http://www.wildflower.org/plants/result.php?id_plant=OPHU			maybe - more study
Prickly Pear, Spineless	<i>Opuntia ellisiana</i>	c	F: nectar for pollinators	y: May-Jun	http://www.wildflower.org/plants/result.php?id_plant=OPEL3			✓
Prickly Pear, Texas	<i>Opuntia engelmannii</i>	c	F/C: birds+mammals+bees	y: Apr-Jun	http://www.wildflower.org/plants/result.php?id_plant=OPENL			✓
Pride of Barbados	<i>Caesalpinia pulcherrima</i>	s	poor nectar plant for butterflies, good for hummers	orange	http://www.cabi.org/isc/datasheet/10728	no		
Primrose, Cut-leaf Evening	<i>Oenothera lacinata</i>	pl/a	F: nectar for pollinators, benefit to native bees	y: Mar-Oct	http://www.wildflower.org/plants/result.php?id_plant=OELA			
Primrose, Showy evening	<i>Oenothera grandis</i>	a	F: nectar for pollinators, benefit to native bees	y	http://www.wildflower.org/plants/result.php?id_plant=OEGR2			
Purple pleat-leaf	<i>Alouphia drummondii</i>	p	F: nectar for pollinators	b: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=ALDR2			
Purple Prairie Clover	<i>Dalea purpurea</i>	pl/a	F: native bees, bumblebees, honeybees	v: Jun-Aug	http://www.wildflower.org/plants/result.php?id_plant=DAPU5			
Purple Threewain	<i>Aristida purpurea</i>	g	LH: Skippers, Satys; F: seeds, nectar	v: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=ARPU9			✓
Purslane	<i>Portulaca oleracea</i>	a		w/y	http://www.cabi.org/isc/datasheet/43609	no		
Ragweed, False	<i>Parthenium hysterophorus</i>	pl/a	F: nectar	w	http://www.wildflower.org/plants/result.php?id_plant=PACO11			
Ragweed, Western	<i>Ambrosia psilostachya</i>	a		w: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=AMPS			
Ragwort, Riddell's	<i>Senecio riddellii</i>	p	F: nectar for butterflies, pollinators	y: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=SERR2			✓
Rain lily	<i>Cooperia drummondii</i>	p	F: nectar	w: May-Sep	http://www.wildflower.org/plants/result.php?id_plant=CODR2			✓ from bulbs; blooms after rains
Ratany/Prairie sandbur	<i>Krameria lanceolata</i>	p	F: oil for bee genus Centris to feed young	r-p: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=KRLLA			
Rattlebox; Rattlepod	<i>Sesbania drummondii</i>	s	F: seeds, nectar	y: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=SEDR			
Red Bay	<i>Persea borbonia</i>	t	F: songbirds; LH: all swallowtails	y: Apr-Jun	http://www.wildflower.org/plants/result.php?id_plant=PERBO			
Red Lovegrass	<i>Eragrostis secundiflora</i>	g	F: seeds	inc	http://www.wildflower.org/plants/result.php?id_plant=ERSE			
Red Mulberry	<i>Morus rubra</i>	t	F: fruit for 21 birds; LH: Mourning cloak	w: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=MORU2			✓
Rescue grass	<i>Bromus catharticus</i>	g	F: seeds	g	http://swbiodiversity.org/seime/taxa/index.php?taxon=1275	no		
Rosette grass	<i>Dichanthelium acuminatum</i>	p	F/C: many birds	inc: Feb-Nov	http://www.wildflower.org/plants/result.php?id_plant=DIAC2			
Ruellia	<i>Ruellia nudiflora</i>	p	LH: 5 butterflies inc. White peacock; F: nectar for many	v: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=RUNU			
Sabal Palm	<i>Sabal mexicana</i>	t	Cover, nesting for wildlife; F: fruit	w: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=SAME8			✓
Sage, Henry Duelberg	<i>Salvia farinacea 'Henry Duelberg'</i>	p	F: top nectar plant	v: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=SAFA2			
Sage, Indigo Spires	<i>Salvia farinacea X S. longispicata</i>	p		v: Apr-Oct	http://www.floridata.com/Plants/Lamiaceae/Salvia%20Indigo%20Spires%20990			✓ cross or native & Mexican sage
Sage, Scarlet	<i>Salvia coccinea</i>	pl/a	F: nectar for birds/butterflies	r: Feb-Oct	http://www.wildflower.org/plants/result.php?id_plant=SACQ5			✓
Sand Phacelia	<i>Phacelia patuliflora</i>	a	F: nectar for butterflies, pollinators	v: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=PHPA4			
Sandbur, Coastal	<i>Cenchrus spinifex</i>	a	LH: Satys & Skippers; F: seeds for Pyrrhuloxia	inc	http://www.wildflower.org/plants/result.php?id_plant=CESP4			
Sandbur, Southern	<i>Cenchrus echinatus</i>	a	LH: Satys & Skippers	inc	http://www.wildflower.org/plants/result.php?id_plant=CEEC			
Scarlet Pea	<i>Indigofera miniata</i>	pl/a	LH: Gray hairstreak	p: Apr-Oct	http://www.cwrl.tamuk.edu/research/programs/south_texas_natives/halvive-plant-lists/forbs/scarlet-pea			
Scarlet Pimpernel	<i>Anagallis arvensis</i>	a/b		o/b: Mar-Jun	http://www.efloras.org/floraTaxon.aspx?flora_id=14&axon_id=200016886	no		
Scrambled Eggs	<i>Corydalis micrantha</i>	pl/a		y: spring	http://www.wildflower.org/plants/result.php?id_plant=COMI2			
Sensitive briar, Cairns	<i>Mimosa lalidens</i>	p		p: May-Sep	http://www.wildflower.org/plants/result.php?id_plant=MILA15			
Sesbania, Bigpod	<i>Sesbania herbacea</i>	a	F: seeds, nectar	y	http://www.wildflower.org/plants/result.php?id_plant=SEHE8			
Showy Fanpetals	<i>Sida lindheimeri</i>	pl/a	F: nectar	y: May-Aug	http://www.wildflower.org/plants/result.php?id_plant=SILL			

Linda S Castro Nature Sanctuary Plant List

Common Name	Scientific Name	Type	Benefit to Wildlife	Flower	More Information Online	Native?	Planted	Note
Skeleton-leaf Goldeneye	<i>Viguiera stenoloba</i>	p/a	F/C: birds+pollinators; F: nectar - many butterflies	y: Jun-Oct	http://www.wildflower.org/plants/result.php?id_plant=VIST		✓	
Slim-pod Milk-vetch	<i>Astragalus leptocarpus</i>	a	F: seeds	v: Mar	http://www.wildflower.org/plants/result.php?id_plant=ASLE10			
Snake Herb	<i>Dyschoriste linearis</i>	p/a	F: nectar	v: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=DYLI		✓	
Soldier's Orchid	<i>Zeuxine strateumatica</i>	p		w, Feb	http://plants.usda.gov/core/profile?symbol=ZEST	no		
Sow thistle	<i>Sonchus spp</i>	a		y: spring	http://www.cabi.org/cisc/datasheet/50584	no		achenes cross wrinkled: S. o
Spanish dagger	<i>Yucca treculeana</i>	p	LH: Yucca moth+1: nectar for pollinators	w: Dec-Apr	http://www.wildflower.org/plants/result.php?id_plant=YUTR		✓	
Spiderwort	<i>Tradescantia subcaulis</i>	p	F: nectar	v: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=TRSU			
Spring lady's tresses orchid	<i>Spiranthes vernalis</i>	p	F: nectar	w: spring	http://www.wildflower.org/plants/result.php?id_plant=SPVE			
Stickywilly, Catchweed Bedstraw	<i>Galium aparine</i>	av	F: plants eaten by geese	w: Mar	http://www.wildflower.org/plants/result.php?id_plant=GAPP2			
Stinging nettle	<i>Urtica chamaedryoides</i>	a	LH: Painted Ladies & Red Admiral	w: Mar-Nov	http://www.wildflower.org/plants/result.php?id_plant=URCH1			
Sunflower, Common	<i>Helianthus annuus</i>	a	LH: 2 butterflies; seeds for birds	y: Jul-Oct	http://www.wildflower.org/plants/result.php?id_plant=HEAN3			
Sunflower, Runyon's	<i>Helianthus praecox ssp. runyonii</i>	p/a	F/C: Seed, cover, nectar; benefit native bees	y: Mar-Nov	http://www.wildflower.org/plants/result.php?id_plant=HEPRR			
Sunflower, Silverleaf	<i>Helianthus argophyllus</i>	p/a	F: seeds+nectar; LH: 2 butterflies	y: Jul-Nov	http://www.wildflower.org/plants/result.php?id_plant=HEAR3			endemic
Sweet Almond Aloysia	<i>Aloysia virgata</i>	s	F: nectar	w: long	http://agrie.horticulture.tamu.edu/sylab/608/L/sets/second%20ed/AloysiaVirgata.pdf	no	✓	
Switchgrass	<i>Panicum virgatum</i>	g	LH: most banded skippers F: seeds; cover/hesling	g: Aug-Nov	http://www.wildflower.org/plants/result.php?id_plant=PAVJ2			
Texas Ebony	<i>Ebenopsis ebano</i>	t	F: nectar for many; LH: 5 butterflies	w: May-Aug	http://www.wildflower.org/plants/result.php?id_plant=EBEB		✓	
Texas Lantana	<i>Lantana urticoides</i>	p/a	LH: 1: nec. hummer+15 butterflies	o/y: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=LAUR2		✓	
Texas Mountain Laurel	<i>Sophora secundiflora</i>	s	F: nectar for pollinators	v: Feb-Mar	http://www.wildflower.org/plants/result.php?id_plant=SOSE3		✓	
Texas Persimmon	<i>Diospyros texana</i>	t	F: 9 birds; LH: 2 butterflies	w: Mar-Apr	http://www.wildflower.org/plants/result.php?id_plant=DIPE3		✓	
Texas Toadflax	<i>Nuttallanthus texanus</i>	a	F: nectar	v: Feb-May	http://www.wildflower.org/plants/result.php?id_plant=NUTE			
Texas Vervain	<i>Verbena halei</i>	p/a	F: nectar	v: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=VEHA			
Tropical Mexican clover	<i>Richardia brasiliensis</i>	a/p	F: nectar	w	http://www.wildflower.org/plants/result.php?id_plant=RIBR2			
Tumble Windmill Grass	<i>Chloris verticillata</i>	g	LH: most skippers	inc: May-Sep	http://www.wildflower.org/plants/result.php?id_plant=CHVE2			
Turk's Cap	<i>Malvaviscus arboreus</i>	s	LH: 2 butterflies; F: nectar butterflies+hummers; birds	r: Jul-Sep	http://www.wildflower.org/plants/result.php?id_plant=MAARD		both	
Venus looking-glass	<i>Triodanis perfoliata</i>	a	F: seeds for birds	v: Apr-May	http://www.wildflower.org/plants/result.php?id_plant=TRPE4			
Vetch, Deer pea	<i>Vicia ludoviciana</i>	p/a		v: Mar-May	http://valde.tamu.edu/herbarium/forbs-common-name-index/deer-pea-vetch/			
Viperina	<i>Zornia bracteata</i>	a		y: Jun-Sep	http://www.wildflower.org/plants/result.php?id_plant=ZORB			
Wax Myrtle	<i>Morella cerifera</i>	s	F/C: 14 birds; LH: Red-banded hairstreak	g: Mar-Apr	http://www.wildflower.org/plants/result.php?id_plant=MOCE2		both	
White Prickly Poppy	<i>Argemone albiflora ssp. Texana</i>	p/a	F: nectar for all pollinators	w: Apr-Oct	http://www.wildflower.org/plants/result.php?id_plant=ARAL2			
Whitebrush	<i>Aloysia gratissima</i>	s	F: nectar for many butterflies	w: Mar-Nov	http://www.wildflower.org/plants/result.php?id_plant=ALGR2		✓	
Wild carrot	<i>Daucus pusillus</i>	a	F: nectar	w: Mar-May	http://www.wildflower.org/plants/result.php?id_plant=DAPU3			roots are edible
Wild geranium: Carolina cranesbill	<i>Geranium carolinianum</i>	a	F: seeds	w: Mar-Jul	http://www.wildflower.org/plants/result.php?id_plant=GECAS			
Wild Olive	<i>Cordia boissieri</i>	s	F: nectar, fruit	w: Jan-Dec	http://www.wildflower.org/plants/result.php?id_plant=COBO2		✓	
Wild Poinsettia	<i>Euphorbia cyathophora</i>	p/a		y: May-Nov	http://www.wildflower.org/plants/result.php?id_plant=EUCY			
Winecup	<i>Callirhoe involucrata</i>	p	F: nectar for pollinators and butterflies	wine: Mar-Jun	http://www.wildflower.org/plants/result.php?id_plant=CAIN2			
Winecup, Standing Poppy Mallow	<i>Callirhoe leiocarpa</i>	p/a	F: nectar for pollinators and butterflies	wine: Mar-Aug	http://www.wildflower.org/plants/result.php?id_plant=CALE2		✓	
Wood sorrel, yellow	<i>Oxalis dillenii</i>	p/a	F: nectar	y: May-Nov	http://www.wildflower.org/plants/result.php?id_plant=OXDI2			
Wood-sorrel, Drummond's	<i>Oxalis drummondii</i>	p/a	F: nectar	p: Sep-Nov	http://www.wildflower.org/plants/result.php?id_plant=OXDR			
Woolly Butterfly Bush	<i>Buddleja marubifolia</i>	s	F: nectar for Giant swallowtail, others	o: Jun-Nov	http://www.wildflower.org/plants/result.php?id_plant=BUMA		✓	
Woolly Globemallow	<i>Sphaeralcea lindheimeri</i>	p/a	LH: Painted lady; native bees	o: Feb-May	http://www.wildflower.org/plants/result.php?id_plant=SPLI			
Woolly Stemodia	<i>Stemodia lanata</i>	p/a	F: nectar for small butterflies, pollinators	v: Apr-Nov	http://www.wildflower.org/plants/result.php?id_plant=STLA17			
Yankeeeweed	<i>Eupatorium compositifolium</i>	p	F: nectar for Snout butterflies	w: fall	http://www.wildflower.org/plants/result.php?id_plant=EUCO7			
Yaupon Holly	<i>Ilex vomitoria</i>	s	LH: Henry's elfin; F: fruit for at least 14 birds	w: Apr-May	http://www.wildflower.org/plants/result.php?id_plant=ILVO			
Yellow necklacepod	<i>Sophora tomentosa</i>	s	F: nectar for pollinators	y: Mar-Oct	http://www.wildflower.org/plants/result.php?id_plant=SOTO3		✓	
Yucca, Buckley	<i>Yucca constricta</i>	s	LH: Yucca giant skipper butterfly; F: moths	g: Apr-Jul	http://www.wildflower.org/plants/result.php?id_plant=YUCO2		✓	
Yucca, Moundilly	<i>Yucca gloriosa</i>	s	F: nectar for moths, seeds for birds & small mammals	w: Sep-Nov	http://www.wildflower.org/plants/result.php?id_plant=YUGL2		✓	

Key

Type	growth form - see list
Native?	native or introduced
Flower	color & bloom time

Colors	
w	white
y	yellow
o	orange
r	red
p	pink
v	violet, lavender, purple
b	blue
g	green
inc	inconspicuous

Plant Type	
t	tree
s	shrub
p	perennial
v	vine
g	grass
gc	groundcover
a	annual
c	cactus/succulent

Benefit	
F	food: nectar, seeds, other
LH	butterfly larval host
C	cover/nesting

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✓	planted
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Note: Introduced plants feed fewer birds & butterflies because wildlife from their country may not live here, and some of our wildlife may not be able to use the plants as food. **Invasive** introduced plants decrease biodiversity and feed even fewer types of wildlife.

Note: bloom dates are from LBJWC - Coastal Bend plants may bloom as much as a month earlier